

Directors and Instructor:

Chris Birch

Former Assistant University of Virginia, Women's Volleyball Program
Director of Synergy VBC; Synergy National Team Coach

Cassie Kleepsies

Former division I collegiate volleyball player at University of Toledo
Former Professional volleyball player Portugese Club Team
Professional doubles (grass and beach) volleyball player

These camps are designed to work on only one skill and emphasize that skill. Whether it's your favorite skill or a skill you need work on (or never get to a chance to practice). The Skills camp is for you.

over a 1000 balls of hitting passing digging setting

Monday-Wednesday from 9:00AM - 4:00PM

Cost: \$275 per Camper (\$300 after june 1)

Camp fee will include lunch

Schedule:

Morning: 8:30am Registration

Start: 9am to 11:30am with breaks

Lunch: 11:30am to 12:45pm (Includes Lunch)

Afternoon: 12:45pm to 4:00pm with breaks

All campers should bring the following:

- 1. Water Bottle (water will be provided)
sports drinks and water will be on sale**
- 2. Lunch (if lunch provide does not meet diet needs)**
- 3. Snacks for breaks (beverages and snacks will be on sale)**
- 4. A change of clothes as seen necessary**

Skills- Registration Form

Camper Name: _____

Address: _____

Phone: _____

email: _____

Grade (entering): _____

Shirt Size (adult size): XS S M L XL

Please Circle Camp

July 10-12 Passing Defensive Camp

July 17-19 Setters Camp

July 24-26 Hitters Blockers Camp

**Online registrations and credit card payments at
maxpowersportsinc.com or synergyvolleyball.com**

**please mail registration form and a check
(Max Power Sports) for \$275 (\$300 after june 1)
includes lunch**

email: info@synergyvolleyball.com

**Mail to:
Max Power Sports Center
Volleyball Skills Camp
250 King Manor Dr
King of Prussia, Pa 19406**

